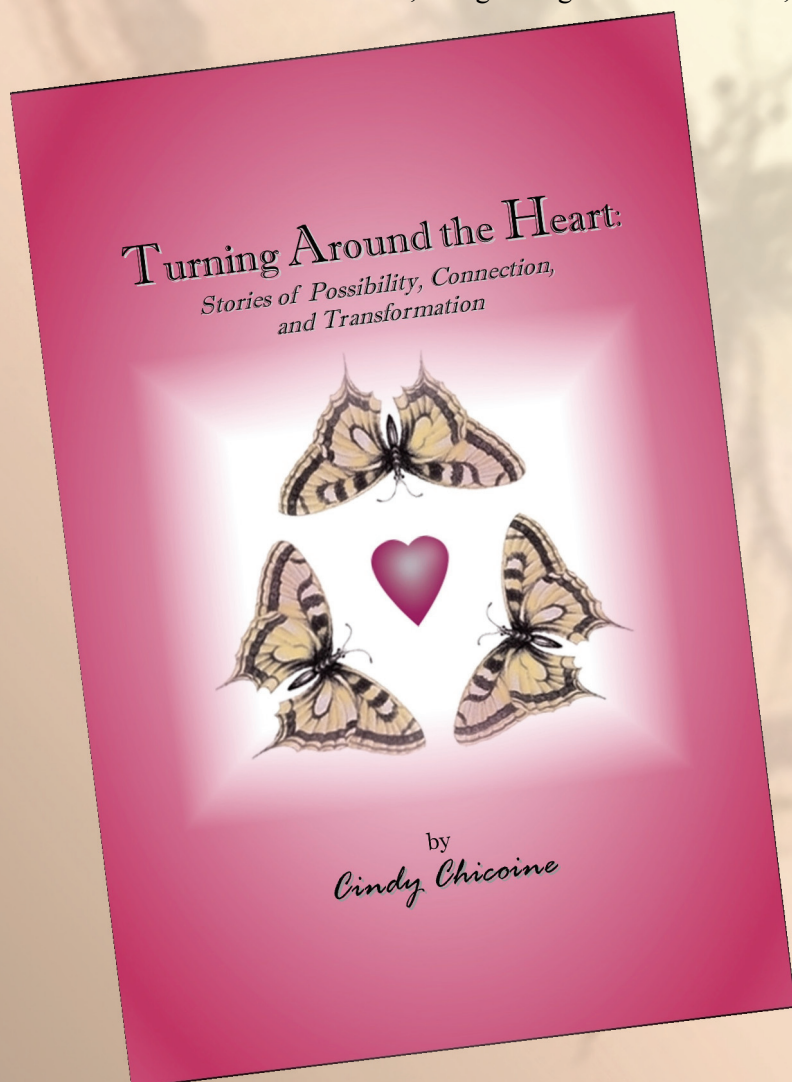


# Turning Around the Heart

*Stories of Possibility, Connection,  
and Transformation*

by Cindy Chicoine

***Turning Around the Heart: Stories of Possibility, Connection, and Transformation*** shares thirty inspirational teaching stories that can help us remember who we truly are, shift our awareness and perspective and open us to new wisdom. Author Cindy Chicoine says, "What healing and teaching stories await your exploration? This book offers a way to claim and explore, individually, in groups or book clubs, with a spiritual companion or a trusted friend, the power of stories turning around your heart. The journal prompts, reflection questions, suggested activities and exercises, along with guided meditations, invite you deeper into story, mine and yours."



Author **Cindy Chicoine**, a psychotherapist, spiritual director and body worker, has seen first-hand the power of story to heal and to deepen the appreciation of our own wisdom and resilience. With this book she welcomes you through the doorway into story.



**PRICE: \$14.00 + tax**

ISBN: 978-0983352693

Soft cover 6" x 9"

270 pages

Shapato Publishing, LLC  
Everly, Iowa

**CONTACT CINDY CHICOINE, ACSW, LISW, LMT  
FOR INTERVIEWS or SPEAKING ENGAGEMENTS:**

**PHONE: 515-473-6240 Ext 2**

**EMAIL: [cindy@healingpartners.biz](mailto:cindy@healingpartners.biz)**

**MAIL: 9001 Hickman Rd. Suite 300  
Urbandale, IA 50322**